



# Delirium

Poor concentration, seeing things

Agitation

Talking to themselves, confusion

Hypoactive (drowsy, sleepy)

Hyperactive (restless, agitated)



# Chest Pain

Distress, feeling of impending dread

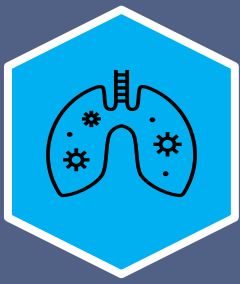
Rapid breathing

Agitation

Sweating, nausea, vomiting

Heavy, tight, crushing feeling in chest

Indigestion-type pain,  
pain in jaw/arm



# Dyspnoea

Breathing quickly or noisily

Agitation, confusion

Sweating, fever

Short of breath at rest or on  
movement

Cough (dry or moist)



# Dehydration

Dry tongue, lips and skin

Constipation, diarrhea, vomiting

Decreased bodily fluids, dark urine

Agitation/confusion

Fatigue, unwilling to do activities



# UTIs

Agitation, restlessness, confusion

Pain/burning when passing urine

Fatigue, tiredness, lack of appetite

Smelly, cloudy milky or bloody urine

Increased toileting, incontinence aid  
or bed changes, can't control or  
pass urine



# Constipation

Stools less than 3 times a week,  
more than 2 days without passing  
stool

Hard and dry pellets, stool stuck or  
unable to pass

Nausea or lack of appetite

Feeling of fullness or cramps

Agitation, restlessness



# Falls

Recent illness, frailty, delirium, or  
return from hospital

New to the home

Decreased walking and activity  
recently

Resident not wearing glasses,  
hearing aids or footwear

Not using mobility aids



# Palliative Care

Increased agitation, confusion,  
tiredness

Increased pain and distress

Unable to perform usual activities

Worsening condition and disease  
progression

Decreasing alertness and reduced  
diet and fluid intake