

## PCW Training Session Plan: Extension activities

Learning outcomes								EDDIE <sup>+</sup>
<b>Aged Care Quality Standards</b>								
1	2	3	4	5	6	7	8	1. Identify risk factors for deterioration in residents
✓	✓	✓		✓		✓	✓	2. Recognise early changes in a resident's physical, mental and cognitive status
✓	✓	✓				✓	✓	3. Understand the importance of reporting early signs of deterioration in residents
		✓	✓			✓	✓	4. Understand the processes and tools to report early signs of resident deterioration

Training Session Options
<b>Each activity/scenario: 20 minutes</b>
<p>These training sessions are an extension of the initial training and includes nine specific scenarios for PCWs to explore their knowledge of early noticing and reporting of resident deterioration:</p> <p><b>Scenario based:</b></p> <ul style="list-style-type: none"> <li>▪ Case 1: Delirium</li> <li>▪ Case 2: Chest pain- cardiac failure pulmonary oedema - dyspnoea</li> <li>▪ Case 3: Chest Pain – cardiac MI</li> <li>▪ Case 4: Dyspnoea</li> <li>▪ Case 5: Dehydration</li> <li>▪ Case 6: UTI</li> <li>▪ Case 7: Constipation</li> <li>▪ Case 8: Falls</li> <li>▪ Case 9: Palliative Care - CVA/stroke, pain</li> </ul> <p><b>Other:</b></p> <ul style="list-style-type: none"> <li>▪ Communication: Noticing changes &amp; reporting</li> <li>▪ Review: PCW Quiz</li> <li>▪ Card matching activity</li> </ul> <p>These can be completed in any order or combination after the Introductory Session. They can be completed using the PowerPoint slides or the hard copy worksheets or quiz, or, for the card activity, using the laminated card sets provided.</p>

Introduction (2 min)		
Key points		Materials
Recap of the EDDIE+ intervention		PowerPoint slide 1-2
Activity (15 – 20 min activity)		
Learning Outcomes	Key points	Materials
1-4	<ul style="list-style-type: none"> <li>- Noticing changes and recognising early deterioration</li> <li>- Actions to take: reporting, using tools</li> <li>- Feedback loop</li> </ul> <p><i>Add specific local responsibilities/ expectations.</i></p>	PowerPoint slide 3
<p><b>Scenario-based activities (case 1-10):</b></p> <ul style="list-style-type: none"> <li>- Staff to answer questions on PowerPoint or worksheet as part of whole or small group discussion</li> <li>- Reinforce correct responses</li> </ul> <p><b>Communication review activity</b></p> <ul style="list-style-type: none"> <li>- Discuss questions as a whole or small group, then process as a group</li> </ul> <p><b>Quiz</b></p> <ul style="list-style-type: none"> <li>- Distribute scratchie cards to answer the quiz questions</li> <li>- Process correct responses</li> </ul> <p><b>Card matching activity</b></p> <ul style="list-style-type: none"> <li>- Distribute small laminated ‘change’ cards</li> <li>- In small groups, participants decide what condition each is aligned to and place the small cards on the larger A4 condition card</li> <li>- Process as a group, noting some changes can indicate multiple possible condition changes</li> </ul> <p><i>May distribute cards for 3-4 conditions only for time efficiency or can use the full set.</i></p>		<p>Case scenario worksheets</p> <p>Communication questions</p> <p>Quiz and answer sheet</p> <p>Deterioration card set</p>
Summary (3 min)		
Key points		Materials
<ul style="list-style-type: none"> <li>- Importance of noticing and reporting</li> <li>- Using tools</li> </ul>		PowerPoint slide 4



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