

## Deterioration Parameters

CATEGORIES	NORMAL	CAUTION	SERIOUS / LIFE THREATENING
ACTIONS	Seek medical review of complaint or issue	Seek medical <u>Increase frequency of monitoring</u>	<b>URGENT MEDICAL REVIEW</b> <b><u>Do not leave the resident unattended</u></b>
HEAT RATE (BEATS/MIN)	50 - 100	40 - 49 or 101 - 130	<40 or >130
SYSTOLIC (mmHg)	110 - 180 <i>(or range specified by GP for resident)</i>	90 - 109 or 181 - 200 <i>(or higher in well resident)</i>	<90 or >200 symptomatic
RESPIRATORY RATE (BREATHS/MINUTE)	10 - 24	6 - 9 or 25 - 30	<6 or >30
O <sub>2</sub> SATURATIONS	92-100% with or without O <sub>2</sub> <i>(or normal for resident)</i>	88-91% <u>with O<sub>2</sub> given</u>	<88% <u>with O<sub>2</sub> given</u>
RESPIRATORY EFFORT	Typical for resident	Abnormal, laboured or noisy Not typical for resident	<b>Distress and/or cyanosis</b> <b><u>with O<sub>2</sub> given</u></b>
TEMPERATURE	35.6 °C - 37.7 °C	35 °C - 35.5 °C or 37.8 ° - 39 °C Temperature Baseline +1.5 °C	<35 °C or >39 °C
RESPONSIVENESS	Alert, cognition normal for resident	Not alert, but responds to voice	<b>Responsive to pain only</b> or <b>Newly unresponsive</b> or <b>Sudden change in mental state</b>
PAIN	Nil, or tolerable with or without analgesia	Observable discomfort with analgesia	<b>Highly distressed with analgesia</b>
BLOOD GLUCOSE (MMOL/L)	6 - 15 <i>(or range specified by GP for resident)</i>	4 - 5.9 or <4 responsive to treatment or Persistently > 15 in <u>well</u> resident	< 4 AND unresponsive to treatment or <b>Persistently &gt; 15 in <u>unwell</u> resident</b>